




COOKING  
STARS

# AFTER SCHOOL COOKING CLASSES FOR KIDS



Cooking Stars after-school cooking club will be returning to Unicorn Primary from September 2024, with classes available to all Year 2-6 children. These will be held weekly on Wednesday afternoons from 3.30 – 4.30pm, starting 11<sup>th</sup> September 2024 for 13 weeks @ £10 per lesson.

My number one ingredient in all lessons is absolute FUN and, as a mother, I know that children learn best when they are happy, relaxed and being creative – just some of the elements of our perfectly curated lessons. Whilst the children have a recipe to follow, I encourage them to explore their creativity, identity and artistic freedom which can lead to surprisingly impressive results!

Your children will be learning to make a variety of recipes from around the world - bread, pasta, pizza, cakes, scones, cookies, sushi and much more! All ingredients, equipment and aprons will be provided and each week your little Cooking Star will leave the lesson beaming with pride at their own creation. This will often require baking at home and the full recipe and baking instructions will be emailed to all parents each week.

As well as being an important life skill, countless studies have shown the long-term health benefits of primary-age cooking education. Children will also develop skills in language and listening, following instructions, fine motor skills, measuring weight and capacity, self-confidence, independence, creativity, teamwork and more.

Leave the mess and stress to me and all Cooking Stars will have sweet and savoury memories for life.

Spaces are limited and can be reserved and paid for directly on our website [www.cookingstars.co.uk](http://www.cookingstars.co.uk) or by bank transfer. If paying by bank transfer, please email [cookingstarsuk@gmail.com](mailto:cookingstarsuk@gmail.com) to confirm and include your child's name as a reference. A waiting list will be in place for future terms. You may also call or text me, Sandra Joy, on 07984 521681 if you have any questions or need more information.

Bank: Barclays Sort Code: 20-14-33 Account: 60503118 Ref: Child's Name